

## Archery – Tension in Every Shot



**Region:** Rheingau, Kloster Eberbach

**Participants:** 10 — 150 | **Duration:** 1 - 2,5 h | **Price:** from 45 € pp plus 19% VAT

Archery is one of the most effective and engaging outdoor team experiences. It challenges focus, patience and precision while offering a unique way to experience calmness and control under pressure. Whether as a standalone event or part of a larger team programme, archery creates an atmosphere where concentration and team spirit naturally grow. Participants are introduced step by step to the technique, mindset and equipment before moving into practical shooting exercises.

After a professional introduction to safety rules, equipment handling and shooting technique, participants begin their first practice rounds.

Each team member gets familiar with different bows during a warm-up phase and learns how posture, breathing and focus influence accuracy. Once the basics are established, the team competition begins.

Participants aim at classic targets and creative challenges such as balloons or precision rounds. Depending on the setup, teams compete in rotating formations of 2–3 people, allowing different team dynamics and collaboration styles to emerge during the game.

The combination of focus, light competition and shared experience makes archery a powerful tool for team development. It strengthens concentration, patience and mutual support in a fun and relaxed environment.

The activity can be used as a standalone team event or integrated into larger corporate programmes such as offsites, retreats or outdoor training days.

### How the Archery Team Event Works

- Welcome and safety briefing
- Introduction to equipment and technique
- Warm-up shooting rounds
- Practice with different bows
- Team formation and game explanation
- Team competition rounds
- Precision challenges (targets & variations)
- Final scoring and wrap-up

### Why Archery Works for Team Building

Archery trains focus, patience and calm decision-making under pressure.

In a team context, it encourages:

- Mutual encouragement
- Healthy competition
- Focused communication
- Individual responsibility within a group
- Shared success moments

It is simple to learn but highly effective in creating engagement and team energy.

## Ideal For

- Corporate team building events
- Company outings
- Leadership training groups
- Incentive programs
- Conference side activities
- Small and medium teams
- Outdoor experience days

## Optional Add-ons

- Team scoring & award ceremony
- Outdoor snack
- Combination with GPS or challenge events
- Wine tasting or regional experience
- Extended competition format
- Photography documentation

### **Our service:**

Professional archery instructors • Complete safety briefing • High-quality bows and equipment • Event planning and coordination • Structured team competition • More than 15 years of experience • Full on-site supervision • Flexible group adaptation